Therapy Without Insurance:

Circle Health Services

Offers counseling and psychiatry services, as well as social services program to help patients meet basic needs.

12201 Euclid Ave. Cleveland OH, 44106
Appointment Line: 216-707-3500 x 1626
Intake Coordinator: 216-707-3406

Connections (AKA- Signature Health)

Offers sliding scale fees for mental health services including psychiatry and therapy, as well as intensive outpatient services and addiction services
Multiple locations: Ashtabula, Willoughby, Painesville, Maple Heights, Beachwood
216-831-6466

CWRU Psychology Clinic

Offers evidence-based outpatient individual psychotherapy to children, adolescents, and adults. The CWRU Psychology Clinic provides low-cost therapy to individuals living in and around the Cleveland area, and the Clinic welcomes individuals from diverse racial, ethnic, religious and sexual orientation backgrounds.
216-368-0719

MetroHealth Community Clinics

Patients are first "rated" by a financial counselor in order to qualify for the sliding fee scale program. Offers therapy and psychiatry services
2500 MetroHealth Drive Cleveland, OH 44109
216-957-2325
216-778-5129 (new referrals)

Neighborhood Family Practice
Multiple locations:
Ridge Community Health Center: 2569 Ridge Rd., Cleveland, OH 44102
216-281-0872
Detroit Shoreway Community Health Center: 6412 Franklin Blvd., Cleveland, OH
216-961-2090
Puritas Community Health: 14625 Puritas Ave, Cleveland, OH 44135
216-928-1950
Tremont Community Health Center: 2358 Professor Ave, Cleveland, OH
216-334-2800
W 117 Community Health Center: 11709 Lorain Ave, Cleveland, OH
216-367-1004
North Coast Community Health Center: 16110 Detroit Ave, Lakewood,
216-228-7878

University Hospitals Charity/Financial Assistance Program
10524 Euclid Ave Cleveland OH, 44106
216-844-8299 (Call to speak to UH financial counselor who determines program eligibility)

Offers sliding scale fees psychiatric and therapy services:

Catholic Charities Diocese of Cleveland
Offers individual and family counseling, as well as parenting classes and parent/child groups, intensive outpatient programs, outpatient mental health services, and substance use disorder outpatient services and treatment
Offices in: Ashland County, Cuyahoga County, Geauga County, Lake County, Lorain County, Medina County, Summit County, Wayne County
216-391-2030

Community Health Center
Offers adolescent and adult addiction services, as well as intensive outpatient services and general mental health services
725 E. Market St, Akron, OH 44305
330-434-4141

Greenleaf Family Center
Offers individual, family, and couples counseling, anger management, parenting, drug and alcohol, intensive outpatient, and various mental health programs for adults, children, and teens
580 Grant St, Akron, OH 44311
330-376-9494

Kent State Psychological Clinic
144 Kent Hall, Kent, OH 44242
330-672-2372

Portage Path Behavioral Health
Offers individual counseling, medication management, case management, groups including a depression support group, anger management group, bipolar support group, coping skills group, coping actions and peer support group, stress management group, expressive therapy group, two track group (i.e. emotional/behavioral health and substance use), mood disorders group, self-esteem and boundaries group, and survivors group
Offices in:
Akron: 330-253-3100
Barberton: 330-745-0081
Cuyahoga Falls: 330-928-2324

Summit Psychological Associates
Offers outpatient services in both private counseling and/or group sessions for many personal and mental health disorders
Locations in Akron, Ravenna, North Canton, Downtown Canton, Tiffin and Fremont
330-535-8181

Department of Psychology Counseling Clinic (University of Akron)
Offers individual therapy for both personal and vocational/career concerns. Most of our clients are seen on a weekly basis, at the same time each week. Each appointment lasts 50 minutes. All services are confidential and free of charge.

Although we do not provide medication, group therapy, or couples therapy at our clinic, we often work with other local professionals to help clients get the type of care they need.

290 East Buchtel Ave, Akron, OH 44325
330-972-6714

Clinic for Individual and Family Counseling (University of Akron)
Services include: pre-marital and couples counseling, family development and parenting skills, career exploration and planning, grief counseling, anger management, stress reduction and relaxation, LGBT and lifestyle empowerment and advocacy, self-esteem and self-confidence building, and personal understanding and growth
27 S. Forge St., 2nd Floor, Akron, OH 44325
330-972-6822

University of Toledo Psychological Clinic
2801 Bancroft St., Toledo, OH 43606
419-530-2721