**POLINA ERMOSHKINA**

**CURRICULUM VITAE**

September 2025

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**EDUCATION COMPLETED**

**Case Western Reserve University** **Ph.D.**, Sociology (Dissertation Chair: Dr. Eva

Kahana), August 2024

**Case Western Reserve University M.A.**, Sociology, January 2022

**Miami University M.G.S.**, Gerontology, August 2014

(Adviser: Dr. Kate de Medeiros)

**Miami University M.S.**, Family and Child Studies, August 2012

(Adviser: Dr. Kate Kuvalanka)

**Bashkir State University LL.B.**, Jurisprudence, May 2009

**Institute of Law, Russia**

**Kent State University** Non-degree foreign exchange student.

**Dean’s List Fall 2006. President’s List**

**Spring 2007**

**PROFESSIONAL APPOINTMENTS**

August 2024 – June 2025

**Visiting Assistant Professor of Sociology**, Hobart and William Smith Colleges, Geneva, NY

August 2025 – Present

**Lecturer**, Department of Sociology, Case Western Reserve University, Cleveland, OH

**PEER-REVIEWED JOURNAL ARTICLES**

de Medeiros, K., & **Ermoshkina, P.** (2024). Vulnerability and narrative in later life. *Zeitschrift für*

*Gerontologie und Geriatrie*. <https://doi.org/10.1007/s00391-024-02310-7>

**Ermoshkina, P.** (2023). Only daughters caring for their aging mothers in Ufa, Russia. *Journal of*

*Women & Aging 36*(1), 78-92. DOI: 10.1080/08952841.2023.2238582.

**Ermoshkina, P**., & de Medeiros, K., (2022). In the shadows of others: Unheard voices of

older Russian immigrant women in the United States. *Journal of Cross-Cultural Gerontology, 37*(1), 69-88*.* DOI: 10.1007/s10823-021-09446-8.

Kahana, E., Kahana, J. S., Kahana, B., & **Ermoshkina, P.** (2019). Meeting challenges of late

life disability proactively. *Innovations in Aging, 3*(4), 1-9. DOI: 10.1093/geroni/igz023.

de Medeiros, K., Rubinstein, R., & **Ermoshkina, P.** (2015). The role of relevancy and social

suffering in “generativity” among older post-soviet women immigrants. *The Gerontologist, 55*(4), 526-536. DOI: 10.1093/geront/gnt126.

**BOOK CHAPTERS**

Erdmans, M. P., & **Ermoshkina, P.** (2025). Don't ask, don't tell: Polish undocumented home

care workers in late twentieth-century Chicago. In D. Battisti, & D. S. Kang (Eds.), *Hidden histories of unauthorized migrations from Europe to the United States* (pp. 147-173). University of Illinois Press.

de Medeiros, K., & **Ermoshkina, P.** (2024). Generativity and the continuum of suffering and

flourishing in later life. In F. Villar, H. L. Lawford, & M. W. Pratt (Eds.), *Development of generativity across adulthood* (pp. 412-425)*.* Oxford University Press.

de Medeiros, K., & **Ermoshkina, P.** (2024). Home, place and aging: Making a place for

inclusive ways of knowing. In M. P. Cutchin, & G. D. Rowles (Eds.), *Handbook on ageing and place* (pp. 82-100)*.* Edward Elgar Publishing.

**Ermoshkina, P.** & Kahana, E. (2023). Creativity, emotions, emotion regulation, and aging:

Older adults take on life’s challenges with creativity and finesse. In J. Kaufman, J. Hoffman, & Z. Ivcevic (Eds.), *Cambridge handbook of creativity and emotions* (pp. 280-298). Cambridge University Press.

Kahana, E., Kahana, B., & **Ermoshkina, P.** (2021). The many faces of creativity in old age.

In S. Russ, J. Hoffmann, & J. Kaufman (Eds.), *Cambridge handbook of lifespan development of creativity* (pp. 233-261)*.* Cambridge University Press.

AWARDS AND HONORS

2024  **CWRU Graduate Student Appreciation Award** recognizes graduate students that

make a difference on our campus and the Cleveland community.

2023 **CWRU** **Dean's Instructional Excellence Award** for outstanding achievement in

undergraduate instruction.

2022 **CWRU** **Ruth Barber Moon Award** for demonstrating academic promise and leadership ability.

2022 **CWRU** **College of Arts and Sciences Dissertation Fellowship.**

2021 **Gerontological Society of America Behavioral and Social Sciences Section Student Award**.

2020 **CWRU Marie Haug Award** for exemplary performance in gerontological studies, CWRU

University Center on Aging and Health.

2019 **James McKenney Travel Award.** Gerontological Society of America.

2017 **Southern Gerontological Society Student Scholarship Award**, SGS Annual Meeting,

Asheville, North Carolina.

2006 **Alumna of Eurasian Undergraduate Exchange Program UGRAD (sponsored by**

**U.S. Department of State's Bureau of Educational and Cultural Affairs)**. Awarded with one year of studies at Kent State University.

**TEACHING EXPERIENCE**

Fall 2025 **Introduction to Sociology** (CWRU, 2 sections)

Spring 2025 **Introduction to Sociology** (Hobart & William Smith Colleges)

Spring 2025 **Health Disparities** (Hobart & William Smith Colleges)

Spring 2025 **Body, Culture, and Disability** (Hobart & William Smith Colleges)

Winter 2025 **Introduction to Sociology** (Hobart & William Smith Colleges, J-term)

Fall 2024 **Medical Sociology** (Hobart & William Smith Colleges)

Fall 2024 **Introduction to Sociology** (Hobart & William Smith Colleges)

Summer 2024 **Human Development: Medical and Social** (CWRU, asynchronous)

Fall 2023  **Medical Sociology** (Baldwin Wallace University)

Summer 2023  **Introduction to Sociology** (CWRU, Maymester)

Spring 2023  **Human Development: Medical and Social** (CWRU, 2 sections)

Spring 2022  **Human Development: Medical and Social** (CWRU, 2 sections)

Summer 2021 **Human Development: Medical and Social** (CWRU, Maymester, online)

Spring 2021 **Human Development: Medical and Social** (CWRU, online)

**TEACHING ASSISTANT EXPERIENCE**

Fall 2023 **Sociology of Mental Illness** (CWRU, Instructor: Dr. Eva Kahana)

Fall 2022 **Sociology of Stress & Coping** (CWRU, Instructor: Dr. Eva Kahana)

Fall 2021 **Sociology of Mental Illness** (CWRU, Instructor: Dr. Eva Kahana)

Spring 2020 **Introduction to Sociology** (CWRU, Instructor: Dr. Mary Erdmans)

Fall 2019 **Sociology of Mental Illness** (CWRU, Instructor: Dr. Eva Kahana)

Fall 2018 **Social Inequalities** (CWRU, Instructor: Dr. Mary Erdmans)

Fall 2012 **Introduction to Social Justice Studies** (Miami University, Instructor: Dr. Lee

Harrington)

Summer 2012 **Diverse Family Systems across the Life Cycle** (Miami University, Instructor:

Dr. Kate Kuvalanka)

Spring 2012 **Couple Relationships: Diversity & Change** (Miami University, Instructor: Dr.

Kate Kuvalanka)

Summer 2011 **Couple Relationships: Diversity & Change** (Miami University, Instructor: Dr.

Elise Radina)

**CONFERENCE PRESENTATIONS**

**Ermoshkina, P.** (2025, March). "Besides Me, My Mother Has No One" - Caring for Aging Mothers with Disabilities. Paper presented at the Eastern Sociological Society Annual Meeting, Boston, Massachusetts.

**Ermoshkina, P.** (2024, March). “I will not live long enough to collect my pension” – Attitudes

towards pension reform in provincial Russia. Paper presented at the North Central Sociological Association (NCSA) Annual Meeting, Columbus, Ohio, March 29-30, 2024.

**Ermoshkina, P.**, & Kahana, E. (2023, November). Caregiving experiences of adult daughters

without siblings in Ufa, Russia. Paper presented at Gerontological Society of America Annual Meeting, Tampa, Florida, November 8-12, 2023.

**Ermoshkina, P.** (2023, November). Delayed retirement in Israel: Factors that contribute to the

new policy support. Poster presented at Gerontological Society of America Annual Meeting, Tampa, Florida, November 8-12, 2023.

**Ermoshkina, P.** (2023, March). Besides me, my mother has no one: Only daughters caring for

their aging mothers in Ufa, Russia. Paper presented at The North Central Sociological Association Annual Meeting, Grand Rapids, Michigan, March 24-25, 2023.

Erdmans, M., & **Ermoshkina, P.** (2023, January). The migration projects of late 20th century

undocumented polish migrants in Chicago. Paper presented at The Polish American Historical Association’s 79th Annual Meeting, Philadelphia, January 5–8, 2023.

**Ermoshkina, P.**, & Kahana, E. (2022, April). Emotional Intelligence and Everyday Problem-

Solving in Late Life. Paper Presented at Southern Gerontological Society, April 5-9,

2022, Panama City Beach, Florida.

Kahana, E., & **Ermoshkina, P.** (2021, November). Emotional Intelligence Skills Enhance Responsive Care of Hospitalized Older Patients. Poster presented at The Gerontological Society of America (GSA) 2021 Annual Scientific Meeting (Virtual conference due to COVID-19).

Kahana, E., Dahal, P., Bhatta, T., & **Ermoshkina, P.** (2021, November). Linking Religious

Identity, Participation, and Faith to Domains of Mental Health in Late Life. Paper presented at The Gerontological Society of America (GSA) 2021 Annual Scientific Meeting (Virtual conference due to COVID-19).

Dahal, P., Kahana, E., Bhatta, T., & **Ermoshkina, P.** (2021, November). Loneliness, Social Support, and Psychological Wellbeing Among Older Adults. Poster presented at The Gerontological Society of America (GSA) 2021 Annual Scientific Meeting (Virtual conference due to COVID-19).

Ermdans, M., & **Ermoshkina, P.** (2021, August). When Undocumented Workers are White: The

Labor Market for Home Healthcare Workers in Chicago in the Late 20th Century. Paper

presented at The Society for the Study of Social Problems (SSSP) annual meeting.

(Virtual conference due to COVID-19).

**Ermoshkina, P.,** & Gran, B. (2020, April). Addressing the Gap in the Human Rights Framework:

A Call for the Convention for the Rights of Older Adults. Paper accepted for presentation at the Southern Gerontological Society Annual Meeting, Norfolk, Virginia. The conference was cancelled due to COVID-19.

**Ermoshkina, P.,** & Gran, B. (2020, March). *Protecting Older Adults: Do We Need an International Convention on the Rights of Older Adults?* Paper accepted for presentation at the North Central Sociological Association Annual Meeting, Cleveland, Ohio. The conference was cancelled due to COVID-19.

**Ermoshkina, P.,** & Gran, B. (2020, February). *The Right to Food: The Discourse and Politics of Genetic Modification.* Paper presented at Eastern Sociological Society Annual Meeting, Philadelphia, Pennsylvania.

**Ermoshkina, P.,** Kahana, E., & Kahana, B., (2019, November). *Meaning in Life among Old-Old.* Poster presented at Gerontological Society of America Annual Meeting, Austin, Texas.

Kahana, E. Kahana J., Kahana, B., & **Ermoshkina, P.** (2019, August). *Maintaining Good*

*Quality of Life among Older Adults Living with Disabilities.* Paper presentation at the

ASA Annual Meeting, New York City, New York.

**Ermoshkina, P.,** Kahana, E., & Kahana, B., (2019, April). *Self-Conceptions of the Independently Living Old-Old.* Paper presented at Southern Gerontological Society Annual Meeting, Miramar Beach, Florida.

Erdmans, M. P., Al Masarweh, L., & **Ermoshkina, P.** (2018, November).

*Pragmatic Citizens and Rational Policies.* Paper presentation at Association of Humanist Sociology, Detroit, Michigan.

Iqbal, A., **Ermoshkina, P**., Kahana, E., Kahana, B., & Han, C. (2018, November).

*No Longer in the Driver’s Seat: The Impact of Driving on Identity as a Disabled Person.* Paper presented at the GSA 2018 Annual Scientific Meeting, Boston, Massachusetts.

Erdmans, M. P., Al Masarweh, L., & **Ermoshkina, P.** (2018, August). *Dual*

*Citizenship and Pragmatic Identities.* Presentation at Society for Study of Social

Problems, Philadelphia, Pennsylvania.

Kahana, E. Kahana B., **Ermoshkina, P.**, & Schneider, C. (2018, August) *Spirituality and Aging: Linking Secular and Religious Dimensions.* Roundtable presentation at the ASA Annual Meeting, Philadelphia, Pennsylvania.

**Ermoshkina, P**., de Medeiros, K., & Rubinstein, R. (2018, March). *Views of*

*Aging in Russian-Speaking Immigrant Community.* Paper presented at AGHE (Association for Gerontology in Higher Education) Annual Meeting, Atlanta, Georgia.

**Ermoshkina, P.**, de Medeiros, K., & Rubinstein, R. (2017, April). *Aging in the United*

*States: Experiences of the Former Soviet Union Immigrant Women.* Paper presented at Southern Gerontological Society Annual Meeting, Asheville, North Carolina.

**Ermoshkina, P.**, de Medeiros, K., & Rubinstein, R. (2016, April). *Views of Long- Term Care among Older Russian-Speaking Immigrants.* Paper presented at Southern Gerontological Society Annual Meeting, Charlottesville, Virginia.

**Ermoshkina, P.,** de Medeiros, K., & Rubinstein, R. (2016, March). *Happiness in Little Things – Aging in Russian-Speaking Immigrant Community.* Paper presented at AGHE (Association for Gerontology in Higher Education) Annual Meeting, Long Beach, California.

**Ermoshkina, P.,** de Medeiros, K., & Rubinstein, R. (2015, November). *Lifelong Effects of Hardships: Aging Experiences among Older Former Soviet Union Immigrant Women.* Paper presented at GSA (Gerontological Society of America) Annual Meeting, Orlando, Florida.

**SERVICE TO THE PROFESSION**

January 2022 – Present

Appointed to the to the **Gerontological Society of America Humanities, Arts, and Cultural Gerontology Advisory Panel**

March 2020 – Present

**Editorial Assistant for the Journal of Elder Policy** (Editor-in-Chief Dr. Eva Kahana). Wiley.

March 2020 – Present

**Manuscript Reviewer** for the *Journal of Women & Aging; Journal of Gerontology: Social Sciences; The Gerontologist*

March 2020 – Present

**Abstract Reviewer** for the Southern Gerontological Society Annual Meeting.

August 2019 – May 2020

**President,** Sociology Graduate Student Association, CWRU

March 2019 - Present

**Abstract reviewer** for the Gerontological Society of America Annual Meeting

August 2018 – May 2019

**Vice President,** Sociology Graduate Student Association, CWRU

**Graduate Student Representative** to the department colloquia committee, CWRU

**PROFESSIONAL DEVELOPMENT**

**June 26, 2024** CWRU Weatherhead School of Management Executive Education

Program: **Inspiring Engagement and Change: Creating a Culture of**

**Coaching and Development**

**May 4, 2023** CWRU Weatherhead School of Management Executive Education

Program: **Career Success Strategies for Women in Leadership**

**Spring 2023** UNIV401: Advanced Professional Development for University Teaching.

Completed a 14-week seminar on innovative, effective, and evidence

based teaching strategies, Case Western Reserve University.

**Summer 2022** **Professional Education: Miami Writing Institute** training.

Miami University, Howe Center for Writing Excellence.

**PROFESSIONAL MEMBERSHIPS**

2013 – Present **Gerontological Society of America** (GSA)

2014 – Present **American Sociological Association** (ASA)

2016 – 2018 **Association for Gerontology in Higher Education** (AGHE)

2016 – 2022 **Southern Gerontological Society** (SGS)

2021 – 2022 **Society for the Study of Social Problems** (SSSP)

2021 – Present **North Central Sociological Association** (NCSA)