

TAEKWONDO CLUB!

WHAT IS TAEKWONDO CLUB?

Taekwondo Club is a student-led club focused on learning and practicing Taekwondo, a Korean martial art that emphasizes discipline, respect, self-defense, and physical fitness. No prior experience is required—everyone is welcome!

FIRST GB MEETING
FRIDAY
02/06/26

WHY SHOULD YOU JOIN?

1. Learn Self-Defense & Martial Arts Skills
2. Build Confidence, Discipline & Mental Focus
3. Improve Strength, Flexibility & Overall Fitness
4. Develop Leadership & Goal-Setting Skills
5. Make new friends & have fun while staying active!

WHAT WILL WE DO IN OUR FIRST MEETING?

We'll introduce what Taekwondo is, go over club goals and expectations, and do a beginner-friendly practice. No uniforms needed—just come ready to move!

MATH 121
AND
MATH 122
EXTRA
CREDIT!

P.S.
TO STAY UPDATED,
JOIN OUR CAMPUS GROUPS
& FOLLOW OUR INSTAGRAM!

